Compiled by N. Chelsom 2019/2020 Edition

AGENCY and RESOURCE SCOPE AND SEQUENCE

PHE Curriculum: Sexual Health/Personal Safety/Mental Health and Addictions

Found on https://sexual-education.sd68.bc.ca

*=COULD BE USED AT THIS GRADE LEVEL *=EXPECTED TO BE USED AT THIS GRADE LEVEL

RECOMMENDED RESOURCE USED FOR EACH GRADE	K	1	2	3	4	5	6	7	8	9	10	11/12
Canadian Centre for Child Protection WWW.kidsintheknow.ca												
• **Lessons: Kids in the Know (Personal Safety, healthy relationships)**	*	*	*	*	*	*	*	*				
○ Safety Rocks Student Booklet Gr. 3/4				*	*							
○ Strong Smart and Safe Student Booklet 11 and Up						*	*					
• **Lessons: Addressing Online Risks Facing Youth 7/8 (CCCP)**									*			
○ What's the Big Deal Student Booklet 7/8								*	*			
• **Lessons: Addressing Sexual Violence and Online Risks 9/10 (CCCP)**										*	*	
○ It is A Big Deal Student Booklet										*	*	*
www.teachcingsexualhealth.ca Lessons: puberty, sexual decision making, reproduction etc.					*	*	*	*	*	*	*	*
○ Sex and HPV: It's Time to Talk student booklet								*	*	*	*	*
Circles Program	*	*	*	*	*	*	*	*	*			
Amaze Sexual Health Cartoons www.amaze.org					*	*	*	*	*	*	*	*
www.sexandu.ca and www.optbc.org							*	*	*	*	*	*
www.kidshealth.org and www.kidshelpphone.ca	*	*	*	*	*	*	*	*	*	*	*	*
Stanley Kutcher's http://teenmentalhealth.org/ • 6 Mental Health Lessons click here Password is: t33nh3alth • Know Before You Go Transition Guide • Transitions Student Guide											*CLE	*CLC *
The Foundry BC: mental health, substance use, healthy living https://foundrybc.ca/info-tools/								*	*	*	*	*
Anxiety Canada • Guidebook For Students • My Anxiety Plan for Parents and Adults	*	*	*	*	*	*	*	*	*	*	*	* *
i Minds (Drug/gambling Literacy) https://www.uvic.ca/research/centres/cisur/publications/helping-schools/iminds/					*	*	*	*	*	*	*	*
BC Lung Association: Vaping and tobacco resources https://bc.lung.ca/how-we-can-help/vaping					*	*	*	*	*	*	*	*
Second Step (bullying) see Destiny Online Library for SD 68	*	*	*	*	*	*	*	*	*			
Northern Health Puberty Guides					*	*	*	*				
Growing Up OK! Puberty Booklet https://www.gov.mb.ca/healthychild/mcad/growingupok.pdf						*	*	*	*			
PHE Canada Puberty Student Booklets https://phecanada.ca/programs/always-changing						*	*	*	*			
Red Cross Respect Ed Youth Facilitated Program (see below)												*
• Beyond the Hurt							*	*	*	*	*	*
• Youth Healthy Relationships								*	*	*	*	
AGENCY	**K**	**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**	**9**	**10**	**11-12**
-VI Crisis Society and/or Experience Productions (Lyndsay Wells) Lyndsay Wells lyndsay@vicrisis.ca												
• Speak Out Reach Out (Free)									*	*	*	
• G.R.A.S.P.						*	*	*				
• Poetic Justice												*
• Lit Evolution ($1000 but case specific pricing)									*	*	*	*
• Real Talk $									*	*	*	
• It's a WE Matter (Indigenous focus) $												
• Instruments of Change $												
RCMP Online/Cyber (Contact Jana Jana.Rose@rcmp-grc.gc.ca) Grade Assemblies Youth Officers (various topics and grades)									*			
Yes 2 Know: Youth Empowerment Summits (Contact Madeleine madeleineng@live.com) Social belonging, mental health, social media…tailored to each school									*			
Island Health PARTY PROGRAM • Before PARTY (Island Health) Kevin Vowles 250-755-7691 ex 52412 • PARTY (Island Health) Kevin Vowles 250-755-7691 ex 52412 PARTY_CINI@viha.ca • After PARTY (Island Health) Kevin Vowles 250-755-7691 ex 52412									*			
Being True (VIU and RCMP: substances, cannabis and alcohol) Contact Madeleine madeleineng@live.com							*					
Good Enough (VIU and RCMP: social belonging) Contact Madeleine madeleineng@live.com								*				
Cycles (VIU and RCMP: cannabis) Contact Madeleine madeleineng@live.com									*			
Reach Out Psychosis 1-888-8888-0029 reachoutbookings@bcss.org												
Island Health Nurses: educational outreach (contact Erin.Kenning@viha.ca)	*	*	*	*	*	*	*	*	*	*	*	*
Violence Is Preventable, healthy relationships (Haven, Contact melissa@havensociety.com) from 1-4 classroom presentations per group		*	*	*	*	*	*	*	*	*	*	
Big Brothers/Big Sisters: Girl Talk/Guy Talk and mentoring 250-756-2447												
AIDS VI: STI prevention. Also Naloxone/opioid overdose education (Claire Dineen Claire.Dineen@avi.org)									*	*	*	
WestCoast Leaf Workshops No **consent, gender, stereotypes and one's rights/responsibilities online** • Trend-Shift • No Means ($150/up to 3 hours of sessions) Alana education@westcoastleaf.org 1-604-684-8772 ext 117								*	*	*	*	*
Children of the Street: $350/up to 4 presentations per day • Preventing and responding to sexual exploitation (TCO2) akrakan@plea.bc.ca • Redefining Manhood haverill@plea.bc.ca • Staying Protected Against Cyber Exploitation (SPACE) Cliem@plea.bc.ca									*	*	*	*
NARSF • Gordon Cote 250-754-2773 • Problem Sexual Behaviour and Sexual Abuse Support: Janice												
First Nations Health Authority: workshops for Aboriginal Youth, vaping and tobacco Larissa.Coser@fnha.ca				*	*	*	*	*	*	*	*	*
Secondary Workshops: mental health, healthy relationships, body image, safe partying, power and privilege, gender diversity, and intersecting identities. Delaney at youth@literacycentralvi.org										*	*	*
SPCA: Kindness Counts and Advocating for Animals. Contact Blair Sigson bsigson@spca.bc.ca	*	*	*	*	*	*	*	*	*	*	*	*
Rainbows Nanaimo: Training educators to lead grief, loss groups for students 250-751-7888												
Nanaimo Brain Injury Society: Concussion 101, call 250-753-5600												
Immigrant Welcome Centre www.cvims.org 250-753-6911												