

PHYSICAL HEALTH EDUCATION (PHE)

District Sexual Health Coordinator:

FIND EVERYTHING ON MY WEBSITE:

<https://sexual-education.sd68.bc.ca>



- IMPORTANT MANDATED LESSONS K-10 THAT TEACH THE SKILLS FOR:**
- decision making
 - personal safety
 - boundaries
 - sexual abuse prevention/exploitation
 - healthy relationships
 - consent
 - digital leadership
 - preventing violence, abuse, harassment, bullying, stereotyping
 - managing mental/emotional health
 - taking care of their bodies/puberty
 - coping skills
 - assertiveness skills
 - understanding factors which influence identity
 - preventing risks of touch

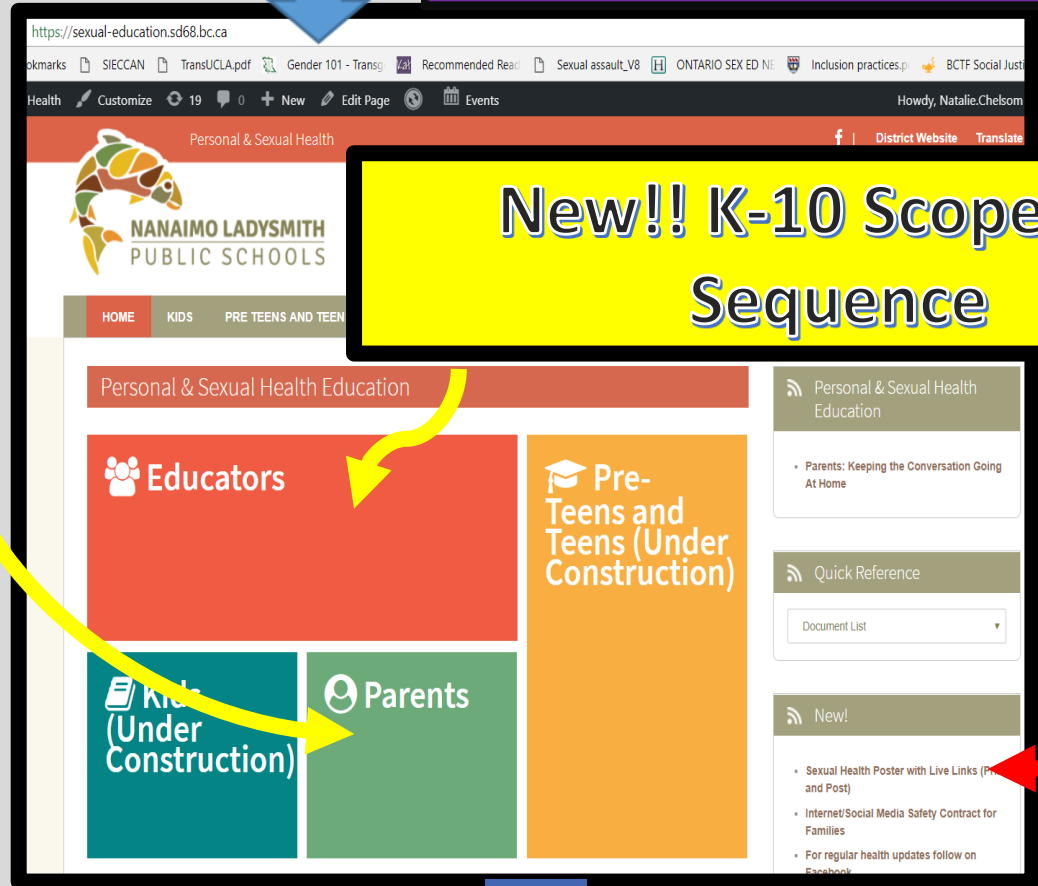


Right click and click on 'open hyperlink' to take you there!

Parent Section includes:

- ✓ What kids need to know at each age
- ✓ Go-To Reliable sources of information
- ✓ Essential safety conversations to have with your child
- ✓ Check out the '[Need Help Now](#)' button for links to local resources

And lot's more!!!!



New!! K-10 Scope and Sequence

For online version of this poster click on this link

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